

# PICTON CENTRE WEEKLY COMMUNITY GROUPS

**\*\* please contact relevant group to ensure weekly meeting is taking place\*\***

## MONDAY

**TRACEY KEANE:**

### **STRONG BY ZUMBA**

6.30pm to 7.30pm

### **ZUMBA FITNESS EXERCISE CLASS**

7.30pm to 8.30pm

Contact Tracey - 07773 126750

Email: trace.keane@talktalk.net

## TUESDAY

### **WEIGHTWATCHERS**

9.30am to 10.30am

Contact Eleri Retallick

Email: eretallick@ww.com

### **WEIGHTWATCHERS**

5pm to 6pm

Contact Julie John

Email: jjohn@ww.com

**THE CLEDDAU ARTISTS** are a group of enthusiastic artists who meet every Tuesday evening from September to May at 6.30pm until 8.30pm.

This very friendly group uses various mediums - watercolour, acrylics and oils.

Although there is no regular teacher, members are only too keen to offer advice and a helping hand to beginners.

You can turn up on a Tuesday and have a go.

Contact Graham Morris - 01437 929217 or 07784943493

Email: grahamb.morris@talktalk.net

## **PICTON CENTRE WEEKLY COMMUNITY GROUPS continued..**

### **WEDNESDAY**

#### **LITTLE HAVEN ART GROUP - Art Workshop**

10.00am to 12 noon

Contact Mrs Pat Thornton - 01437 768983 or 07964283450

#### **DEBI'S YOGA AND FITNESS**

6.00pm to 7.00pm

Contact Debra Mason – 07900 915051

Email: debimason666@aol.com

### **THURSDAY**

#### **CARD CRAFT GROUP**

10am to 12noon

A small class run by Mrs Jean Bain where participants can create wonderful greeting cards from a host of craft materials.

Contact Jean Bain - 01437 760527

**PICTON PAINTERS** are a small group of artists who meet on Thursdays during term time from 10am to 12 noon. They welcome a mixture of beginners and experienced artists.

Contact Judith Small

Email: judithsmall@btinternet.com

#### **TRACEY KEANE - ZUMBA FITNESS EXERCISE CLASS**

7.15pm to 8.45pm

Contact Tracey - 07773 126750

Email: trace.keane@talktalk.net

### **FRIDAY**

**GOOD COMPANIONS** is a weekly social club for Senior Citizens.

Tea, coffee, cake, bingo and friendly conversation

1.00pm to 4.00pm

Contact Mrs Tunis Rees - 01437 890652