

PICTON CENTRE WEEKLY COMMUNITY GROUPS

** please contact relevant group to ensure weekly meeting is taking place**

MONDAY

WEIGHTWATCHERS (2 classes)

3.30pm UNTIL 4.30PM

5.30pm UNTIL 6.30pm

Kelly Evans – 07539 274758 KLEvans@weight-watchers.co.uk

TRACEY KEANE - ZUMBA FITNESS EXERCISE CLASS

7PM to 8.30PM

CONTACT TRACEY ON 07773 126750

TUESDAY

WEIGHTWATCHERS (2 classes)

9.30am UNTIL 10.30am

12pm UNTIL 1pm

Marie Morgan – mmorgan@weightwatchers.co.uk

The Cleddau Artists Group is a group of enthusiastic artists based at the Picton Centre, Freemans Way, Haverfordwest, and meets every Tuesday evening from September to May at 6.30pm to 8.30pm.

The group has an annual exhibition in September each year at City Hall, St. Davids. Pembrokeshire.

This very friendly group uses various mediums- watercolour, acrylics and oils. Although there is no regular teacher, members are only too keen to offer advice and a helping hand to beginners. The intention is to organize some demonstrations and arrange some trips at members requests. You can turn up on a Tuesday and have a go.

Contact :- Graham Morris E-mail:- grahamb.morris@talktalk.net

Home Tel: 01437 929217 Mobile: 07784943493

WEDNESDAY

Little Haven Art Group - Art Workshop

Wednesdays 10am – 12 noon

Mrs Pat Thornton

01437 768983 / Mob. [07964283450](tel:07964283450)

Debi's Yoga and Fitness

6pm – 7pm

Debra Mason – 07900 915051 debimason666@aol.com

THURSDAY

PICTON PAINTERS are a small group of artists who meet on Thursdays during term time from 10am to 12 noon.

They welcome a mixture of beginners and experienced artists, and the group leader is well-known local artist, Sue Russell.

For more information, or to join the group please contact Judith Small by email on judithsmall@btinternet.com

DARBY AND JOAN CLUB is 2 hour meeting of social enjoyment for a chat over tea or coffee and cake, followed by an entertaining session of Bingo. Everyone is welcome

WEEKLY FROM 1pm to 4pm

CONTACT MRS DOREEN AMBREY FOR MORE INFORMATION ON 01437 764746.

WEIGHTWATCHERS

5.30pm UNTIL 6.30pm

Julie Pollard - jpollard@weight-watchers.co.uk

TRACEY KEANE - ZUMBA FITNESS EXERCISE CLASS

WEEKLY 7PM – 8.30PM

CONTACT TRACEY ON 07773 126750

FRIDAY

GOOD COMPANIONS - Social club for Senior Citizens

MEETING FROM 1.00pm TO 4.00pm

CONTACT MRS CORAL WEBB ON 01437 764705 FOR MORE INFORMATION

HAVERFORDWEST GIRLGUIDING SENIOR SECTION

For members of Girlguiding aged 14- 25 to participate in a range of opportunities, gain valuable transferable skills, build leadership skills, expand their horizons and have fun!

FRIDAY 5.30pm to 7pm - TERM TIME ONLY

Contact Kathy Gunner 07977 542323

kathryn.gunner@aol.co.uk